

SO IT SINGS

Madeleine Östlund

Adam Forkelid
Pär-Ola Landin
Calle Rasmusson
Anders Åstrand
Johan Öijen
Klas Toresson



1 ATLANTIC AVENUE

music & lyrics Madeleine Östlund

Adam Forkelid-piano, Pär-Ola Landin-bass, Calle Rasmusson-drums, percussion

I step outside the door, take a breath
the avenue is full of life
I join the stream
I'm in the crowd
where people meet and drift apart

The traffic's moving, running like a tide
just like a river floating by
it's coming on
and leading off
to all the crossroads in this town

The day begins to form
and as I walk I find my way
the birds are singing soft
my thoughts drift to the sky

And now I hear the whistle in the air,
the southbound train is pulling out
I hope to find
a way to you
and hidden rooms inside your heart

2 PORTRAIT

music & lyrics Charles Mingus

Adam Forkelid-piano, Pär-Ola Landin-bass,
Calle Rasmusson-drums, percussion,
Anders Åstrand-marimba, Johan Öjjen-guitar

3 WALTZ OF THE FRIENDS

music Roland Kirk - lyrics Madeleine Östlund

Adam Forkelid-piano, Pär-Ola Landin-bass, Calle Rasmusson-drums
Klas Toresson-tenore saxophone

Somewhere this waltz begins
it's in the graceful wind
Somewhere our friendship starts
it's when you make me laugh
yes, you see
who I am
what I need
as we sit
in the shade
searching words
'bout our lives
that we live

Surrounded by falling light
soft winds that go to bed
Words from a secret tongue
leave us with more to find
and the blend
of our thoughts
gives the lark
in the tree
new ideas
for a song
to be sung
for a friend

4 A TALE OF HORSES

music & lyrics Madeleine Östlund

Adam Forkelid-piano, Pär-Ola Landin-bass, Calle Rasmusson-drums, percussion,
Anders Åstrand-marimba, Johan Öjjen-guitar

Stories and songs
pictures to dream
all the world is inside my book
legends 'bout the
life we can win

Horses that run
over the moor
running wild and
galloping free
hooves on ground
manes in wind
freedom pounds in every step

When I hear the fairy tale
I travel far
and I play with thoughts
that this is my life

Turning the page
the horses are now
standing in the silence of night
under trees
with pendulum leaves

Still in this peace
with horses that champ
echoes of the thundering hooves
when I'm laying down the book
the thought of freedom
pounds in me

5 WHEN MALINDY SINGS

music Oscar Brown jr - poem Paul Laurence Dunbar

Adam Forkelid-piano, Pär-Ola Landin-bass,
Calle Rasmusson-drums, Klas Toresson-tenore saxophone

6 REGN, REGN (RAIN, RAIN)

music & lyrics Madeleine Östlund

Anders Åstrand-marimba, Johan Öjjen-guitar

Bland gran och tall
buskar och blad
väver ett dis
drömmen om regn

En fågel far upp
vingslag dör bort
skogen står tyst
stilla och tyst

Allt som himlen bär,
i regntunga moln
ska lossna och strömma
till jorden med ett stril

Hon drömmer, hon ler
när dropparna faller
ljudet av regn
ger bilderna liv

Och dropparna faller
på buskar och blad
kvistar och gräs
glänsar av fukt

7 AIR AND GRAVITY

music & lyrics Madeleine Östlund

Johan Öjjen-guitar, Pär-Ola Landin-bass, Calle Rasmusson-drums,
percussion, Anders Åstrand-marimba

Dancing, my body's swinging slowly
in the air, against the gravity
letting my arms in soaring circles
raise with air and fall with gravity

Lines and curves in rivers
they grow from within
swift and shifting quivers
beat that grows from the ground

The melody is passing through my body, flowing
it's in my limbs and joints and in my footsteps,
flowing

Deeper, into a play with forces
let them lead and let them follow
easy, just like a wind, a feather
let it touch and let it leave the ground

Turn, return and finding
the body can sing
than again I'm gliding
the body can swing

I dance and feel the
wondrous space around me, flowing
resounding joy is everywhere inside me, flowing

8 THE HAPPY HEART

music Tadd Dameron - lyrics Irving Reid

Adam Forkelid-piano, Pär-Ola Landin-bass,
Calle Rasmusson-drums, Klas Toresson-soprano saxophone

9 LUFTLIV (AIRLIFE)

music & lyrics Madeleine Östlund

Adam Forkelid-piano, Pär-Ola Landin-bass, Calle Rasmusson-drums, percussion
Anders Åstrand-marimba, Johan Öjjen-guitar, Klas Toresson-tenore saxophone

Och vinden sveper över slätten, över upp och ner
den sköljer genom böljande gräs

Den dansar runt, den griper tag i mig
en virvelvind som leker genom buskar och snår

vänder mörka blad
driver som en flod
insidan som skymtar
skimrar i trädens bladverk, ljusgrönt

Och tankens vind som färdas vida över världen
kommer åter som en tonande ström

Jag ser den tränga in i trädens alla kronor
som en sång som tränger in i mitt bröst

öppnar djupa valv
fyller, cirklar runt
stiger för att sväva
kretsa i rymdens världar, luftliv

10 EVENING SCENERY

music & lyrics Madeleine Östlund

Adam Forkelid-piano, Pär-Ola Landin-bass, Calle Rasmusson-drums

People talk, the music's on
a window's open to show the moon
clinking glasses, pouring of wine
and than your eyes finding mine again

a glance
a smile
a rush
a driving force
a cooling breeze

to live
to breathe
to rest
and dream
to see a face
and dream again
this moment fills the song

I'm the water, you are the sun
so I dream in my silent thoughts
someone sings along in a phrase,
slowly forming a melody

we hear
the music find
the winding line
la da did a

this moment
fills a song
it's now
and passing by
the music brings
a newborn love
to us

11 ALMOST AT HOME

music & lyrics Madeleine Östlund

Adam Forkelid-piano

Almost at home
and I know you are there
led by a song
through streets full of sand
the winter is gone
winter is gone



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Mixed and mastered by PerErik Domargård
Produced by Madeleine Östlund
Layout BigyrDesign

Madeleine Östlund-vocal, Adam Forkelid-piano, Pär-Ola Landin-bass, Calle Rasmusson-drums, percussion, Anders Åstrand-marimba, Johan Öjjen-guitar, Klas Toresson-saxophones

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