

AIR AND GRAVITY

text och musik Madeleine Östlund

Dancing, my body's swinging slowly
in the air, against the gravity
letting my arms in soaring circles
raise with air and fall with gravity

Lines and curves in rivers
they grow from within
swift and shifting quivers
beat that grows from the ground

The melody is passing through my body, flowing
It's in my limbs and joints and in my footsteps, flowing

Deeper, into a play with forces
let them lead and let them follow
easy, just like a wind, a feather
let it touch and let it leave the ground

Turn, return and finding
the body can sing
then again I'm gliding
the body can swing

I dance and feel the wondrous space around me, flowing
resounding joy is everywhere inside me, flowing